

CHILD AND FAMILY STUDIES

What can I do with this major?

AREAS	EMPLOYERS	STRATEGIES
<p><u>PRE-SCHOOL/DAY CARE</u></p> <p>Teaching Parent-child education Administration: Curriculum development Training Management Childcare</p>	<p>Public, franchise, and corporate day care centers Pre-schools and Montessori programs Religious organizations Extended school programs Recreation programs and camps Health clubs Family day care Independent families, nanny firms, and au pair services Federal, state and local government: Department of Health and Human Services Head Start</p>	<p>Obtain experience working with children through volunteer, intern or part-time positions. Serve as a babysitter or nanny part-time during the semester or full-time in the summers. Demonstrate patience, creativity and the ability to work well with people of various backgrounds. Develop strong communications skills to deal effectively with students, staff, and parents. Acquire appropriate certification, such as Child Development Associate (CDA) or Pre-K licensure for some pre-school settings. Certification varies by state. Note that some religious affiliated employers seek staff whose values match their organizations' missions.</p>
<p><u>EDUCATION</u></p> <p>Teaching: Early childhood education Early childhood special education Home economics Family and consumer sciences Curriculum development Research Administration Parent-child education Grant writing Higher education administration: Admissions Financial aid Advising Development Alumni affairs International education and study abroad Student affairs (e.g., residence life, student activities, orientation, leadership, greek life, multicultural affairs, recreational sports, etc.)</p>	<p>Public and private schools (PreK-12) Public pre-school programs (Head Start) Private pre-school programs Montessori schools Camps Adult education programs Extension offices Colleges and universities</p>	<p>Acquire appropriate certification for teaching for public school (and some private school) varies by state. Develop excellent interpersonal, public speaking and writing skills. Learn to work well with different types of people. Gain experience working with a desired age group through mentoring, tutoring or volunteering with a school-based organization. Serve as a peer mentor, resident assistant or student advisor to cultivate leadership and communication skills. Join student chapters of national teaching organizations. Obtain graduate degree for student affairs and administrative positions. A master's degree may be sufficient for teaching at community or two-year institutions. Pursue a doctoral degree for college and university teaching and research opportunities.</p>

AREAS

SOCIAL SERVICES

Case management
Counseling
Advocacy
Program development
Community education
Volunteer coordination
Administration
Research
Evaluation
Fundraising
Public relations
Grant writing

EMPLOYERS

Community centers
Youth services agencies/programs
Family services agencies/programs (e.g., financial, family planning, health and wellness, marriage, vocational, food/housing assistance, military family support, etc.)
Senior citizens programs
Nursing homes
Assisted living facilities
Rehabilitation organizations
Group homes
Half-way houses
Emergency housing and shelters
Mediation centers
Consulting firms
Consumer protection agencies
Adoption agencies
Federal, state and local government:
 Department of Health and Human Services:
 Administration on Aging
 Administration for Children and Families
 Substance Abuse & Mental Health Services Administration
 Health Resources & Services Administration
 Department of Veterans Affairs
 Department of Justice:
 Probation and parole offices
 Correctional facilities

STRATEGIES

Exhibit a desire to help others, along with communication and organizational skills.
Seek experience as a volunteer, intern or paid employee with social service or non-profit organizations.
Become familiar with government and community resources available for those in need.
Develop a wide range of skills such as presenting, grant writing and fundraising, as professionals in nonprofit organizations may fill multiple roles in their positions.
Learn to work well with different types of people from varying socioeconomic, racial, ethnic and religious backgrounds.
Supplement curriculum with courses in social work, sociology, and psychology.
Pursue additional coursework to specialize in an area or with a certain population such as addiction, gerontology, child welfare, etc.
Demonstrate the ability to make sound decisions and solve problems.
Develop solid technology skills to utilize relevant software or systems.
Consider earning Certified Family Life Educator (CFLE) credential through the National Council on Family Relations.
Become familiar with government hiring procedures and seek assistance with the process from campus career center.
Obtain a master's degree and appropriate licensure in mental health counseling, social work or rehabilitation counseling to provide therapy.
Earn a graduate degree for greater access to administrative positions.

AREAS

ADVOCACY

Domestic and international advocacy
Humanitarian services (e.g., human rights, family planning, world health, disaster relief, etc.)
Development:
 Economic
 Community
 Housing
Policy development
Program administration
Fundraising/Development
Volunteer coordination
Grant writing

EMPLOYERS

Community action agencies
Nonprofit organizations focusing on a variety of issues (e.g., disability services, juvenile justice, child safety, etc.)
Private voluntary organizations
Faith-based organizations (FBO's) and churches
International aid and relief organizations
Non-governmental organizations(NGOs; e.g., Action Aid, Oxfam, International Red Cross, etc.)
Federal government agencies with
 International focus: Peace Corps, USAID, Foreign Service (State Department)
 Community assistance focus: Housing and Urban Development, Department of Health and Human Services
State and local government agencies

STRATEGIES

Demonstrate strong desire to help others.
Volunteer at social service agencies to gain experience and demonstrate interest.
Participate in humanitarian trips over breaks to gain experience assisting groups in need.
Obtain Certified Family Life Educator credential.
Pursue leadership roles in campus and community advocacy organizations, and learn how to motivate individuals and groups.
Develop excellent research, writing, communication and organizational skills; fundraising experience may be helpful for some positions.
Complete an internship with a government organization in area of interest.
Research federal, state and local job application procedures.

HEALTHCARE

Hospital-based family support/Child life services (e.g., provide emotional support, educate children and families, identify resources, coordinate events, etc.)
Health, nutrition, safety education
Advocacy

Hospitals
Doctors' offices
Healthcare facilities
Specialized camps/schools
Hospice programs
Funeral homes
Social service organizations
Public health programs
Federal, state and local government:
 Department of Health and Human Services:
 Administration on Aging
 Administration for Children and Families
 Substance Abuse & Mental Health Services Administration
 Health Resources & Services Administration

Volunteer in a healthcare setting such as a hospital or specialized children's camp.
Develop a high comfort level working in clinical environments with children and families under stress.
Acquire strong communication skills, and plan to work on interdisciplinary teams of doctors, nurses, counselors, etc. who provide care to children.
Obtain Child Life Specialist certification through the Association of Child Life Professionals, and be willing to relocate for greater access to positions in children's hospitals.
Prepare to work nights, weekends and holidays in some healthcare settings.
Earn a master's degree in social work, counseling, nutrition, public health or related area for increased opportunities.

AREAS

EMPLOYERS

STRATEGIES

BUSINESS

Market research
Product testing
Product development
Administration
Management
Sales
Customer service

Children manufacturing companies (e.g., clothes, toys, furniture, food, etc.)
Consumer protection agencies
Department and retail stores
Child-centered recreational businesses, (e.g., gyms, bounce houses, dance studios)
Camps
Social service organizations with business components (e.g., tax assistance, financial planning, etc.)

Demonstrate initiative, attention to detail, organization and problem-solving skills.
Learn to communicate effectively with a wide-range of people. Consider taking interpersonal communication and public speaking classes.
Earn a business minor or supplement program with courses such as accounting, management, finance, etc. to increase understanding of business theory.
Obtain sales/retail experience with companies catering to children's needs.
Join business or retail student organizations and secure leadership positions.

COMMUNICATIONS

Research
Curriculum/Resource development
Journalism
Writing
Editing
Public relations

Organizations geared toward children and families:
Book publishers
Radio and TV stations
Newspapers
Magazines
Internet sites
Social service organizations
Manufacturers
Consumer protection agencies
Professional associations

Develop excellent grammar and writing skills.
Learn to think critically and research effectively.
Take elective courses in the communications field such as journalism, broadcasting, public relations and advertising, or earn a minor in one area of interest.
Obtain experience with a college newspaper, yearbook, alumni publication or with local radio or television stations.
Compile a portfolio of writing samples, ad campaigns and other relevant work, especially those that have been published.
Develop desktop publishing, webpage design and other computer skills.
Pursue an active role, preferably leadership, in journalism organizations.
Prepare to work in deadline-oriented environments and to withstand criticism.

GENERAL INFORMATION

- A Bachelor's degree is sufficient for entry-level positions.
- Advanced degrees are essential for clinical and therapeutic counseling positions.
- The Child and Family Studies major serves as preparation for students pursuing advanced training in other areas such as healthcare (e.g., pediatric nursing, family medicine, etc.); law (e.g., family law, elder law, child advocacy, etc.); and ministry (e.g., youth ministry, pastoral counseling, etc.). Research admissions requirements and take pre-requisite courses for programs of interest.
- A graduate degree is often needed for administrative and supervisory positions.
- A doctoral is required for most college teaching and advanced research positions.
- Additional or specialized training qualifies one for higher paying opportunities and positions of greater responsibility.
- Obtain part-time, summer, internship, or volunteer experience in child care, schools, hospitals, camps, or overseas programs in advocacy, addressing alcoholism, drug abuse, family violence, aging, poverty, disabilities, etc.
- Get involved in student organizations and seek leadership positions on campus.
- Research certification options for specialized areas including Child Development Associate, Child Life Specialist, or Certified Family Life Educator.
- Obtain certification in CPR, safety and first aid for infants, children and adults. Some positions will require this.
- Research certification options with the American Association of Family and Consumer Sciences.