

Dr. Cosette M. Hardwick
4525 Downs Drive
St. Joseph, MO 64507
(816) 271-5996
Missouri Western State University
Nursing and Allied Health Department/PTA
Email: hardwick@missouriwestern.edu

Education

Transitional Doctorate of Physical Therapy, Creighton University, Omaha, NE. 2002 -2005
Awarded Dec. 2005. Major: Physical Therapy.

BS, University of Kansas, Lawrence, KS. 1973-1977
Awarded June 1977. Major: Physical Therapy

Professional Development Activities (2008 to present)

Continuing Education Program, "Management of Patients with Vestibular Dysfunction," Missouri Physical Therapy Association. (April 27, 2012 - Present).

Continuing Education Program, "Kinesiotaping," Northwest District of Missouri Physical Therapy Association. (April 17, 2012 - Present).

Continuing Education Program, "Changing Lives: New Treatments, Medications and Research in Multiple Sclerosis Rehabilitation," Missouri Physical Therapy Association. (April 28, 2012 - April 29, 2012).

Tutorial, "Moodle Quizzes," MWSU. (October 27, 2011).

Tutorial, "Moodle Communication," MWSU. (October 20, 2011).

Continuing Education Program, "Getting Back Into Stride, Rehab for Runners," MPTA. (October 16, 2011).

Continuing Education Program, "New Directions in Therapy for the Next Generation of Geriatric Patients," MPTA. (October 15, 2011).

Tutorial, "Intro to Moodle," MWSU. (October 13, 2011).

Continuing Education Program, "Obesity Across the Lifespan," Northwest District MPTA. (September 15, 2011).

Audio Conference, "Nursing Facilities How to Comply with Medicare 2012 Changes," APTA. (September 13, 2011).

Continuing Education Program, "Therapeutic Tai Chi for Fall Prevention," Summit Professional Education. (February 26, 2011).

Continuing Education Program, "Health Care Reform: What it Means for Rehab Providers," Northwest District MPTA. (December 9, 2010).

Continuing Education Program, "Physical Therapy Treatment for the Pelvic Floor," Northwest District MAPTA. (October 2010).

Continuing Education Program, "Introduction to Dynamic Bracing," Cascade Orthotics. (June 2010).

Continuing Education Program, "Verbal Cueing for Dyspnea in COPD vs CHF," Northwest District MPTA. (May 18, 2010).

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"Evidence-Based Research and Practical Application for Clinicians in Neurorehabilitation," MPTA. (April 17, 2010 - April 18, 2010).

Continuing Education Program, "Achieve Vision 20/20: Preparing Pediatric PT for the Future," MPTA. (April 16, 2010).

Continuing Education Program, "Motor Coordination Disorders: Impact on Education," Professional Education Programs. (April 2, 2010).

Continuing Education Program, "Don't Be a McTherapist," Northwest District MPTA. (March 18, 2010).

Continuing Education Program, "Self-study Workshop (in preparation for accreditation)," American Physical Therapy Association. (February 2010).

Continuing Education Program, "Advanced Credentialed Clinical Instructor Program for the Physical Therapist," American Physical Therapist Association. (November 14, 2009 - November 15, 2009).

Self-Study Program, "Professionalism Module 1-3: Introduction to Professionalism; History of Professionalism in Physical Therapy; Ethical Compass," American Physical Therapy Association. (November 8, 2009 - November 9, 2009).

Continuing Education Program, "Missouri Practice Act," Northwest District, Missouri Physical Therapy Association. (November 3, 2009).

Continuing Education Program, "Head Injury, the Brain and Functional Performance," Professional Education Programs, Inc. (June 19, 2009).

Continuing Education Program, "Current Clinical Education Update: CE standards and entry-level practice," Rockhurst University. (June 18, 2009).

Continuing Education Program, "Screening for Medical Referral," Missouri Physical Therapy Association. (April 18, 2009 - April 19, 2009).

Conference Attendance, "60th Annual MPTA Spring Conference," Missouri Physical Therapy Conference. (April 17, 2009 - April 19, 2009).

Continuing Education Program, "The NICU," Missouri Physical Therapy Association. (April 17, 2009).

Continuing Education Program, "Benign Paroxysmal Positional Vertigo: Update on Treatment and Reimbursement," Northwest District of the Missouri Physical Therapy Association. (March 31, 2009).

Continuing Education Program, "Current Concepts in Wound Care," Northwest District of the Missouri Physical Therapy Association. (February 17, 2009).

Workshop, "Online Pedagogy," IMC. (December 2008 - January 2009).

Continuing Education Program, "Missouri Practice Act," Northwest District of the Missouri Physical Therapy Association. (November 13, 2008).

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Continuing Education Program, "Lumbar Spinal Stenosis," International Spine and Pain Institute.
(October 16, 2008).

Licensures and Certifications

Advanced Credentialed Clinical Instructor, American Physical Therapy Association. (November 15, 2009 - Present).

Vocational Educational Teaching Certificate, State of Missouri. (June 2003 - Present).

Physical Therapist, Missouri State Board of Registration for the Healing Arts. (1977 – Present)

Professional Positions

Academic

2011 – Present Associate Professor, Missouri Western State University, St. Joseph, MO
1999-2011 Assistant Professor, Missouri Western State University, St. Joseph, MO
1999 Adjunct Faculty, Missouri Western State University, St. Joseph, MO

Professional

1989 – Present Independent Contractor of PT services, St. Joseph School District, St. Joseph, MO
1989 – 1999 Independent Contractor - Helen M. Davis State School, St. Joseph, MO
1990 – 1995 Independent Contractor – Platte Valley Educational Coop, Smithville, MO
1984 – 1989 Chief Physical Therapist – Heartland Health Systems, St. Joseph, MO
1982 – 1984 Home Health Physical Therapist – Methodist Health System, St. Joseph, MO
1981-1982 Consulting Therapist Trainee – Children's Rehab Unit, KUMC, Kansas City, KS, Preschool Teacher – UMKC Affiliated Facility, Kansas City, MO
1979 – 1981 Staff Physical Therapist, St. Joseph Hospital, St. Joseph, MO
1978 Staff Physical Therapist, Physical Therapy and Rehabilitation, St. Joseph, MO
1977-1978 Staff Physical Therapist, St. Joseph Hospital, St. Joseph, MO

Published Intellectual Contributions

Refereed Journal Articles

Baker, J., Raffensperger, M., Hardwick, C. (2011). What Students Expect From Their Health Professions Advisor. *To appear in The Advisor*.

Grant Activity

Baldwin, Julie (Principal), Ellis, Deborah (Supporting), Hardwick, Cosette (Supporting), "Explorations in Transcultural Healthcare," Sponsored by MWSU Foundation Board, Missouri Western State University, \$3,500.00. (April 2010 - June 2011).

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Professional Memberships

American Alliance for Health, Physical Education, Recreation, and Dance. (March 2012 - Present).

Council on Undergraduate Research. (May 9, 2008 - Present).

Recording Secretary, Northwest District of the MPTA. (1977 - December 31, 2010).

American Physical Therapy Association. (1976 - December 31, 2008).

Missouri Physical Therapy Association. (1976 - December 31, 2008).

Community Activities

United Way – HELP Fund Allocations Committee (2011 and 2012)

Board Member, Community Arthritis Services, St. Joseph, MO.

Guest Speaker, St. Joseph School District.

Committee Member, St. Joseph Museum - By-Laws Committee, St. Joseph, MO. (October 2008 - Present).

Guest Speaker, Grand River Vocational Technical School, Chillicothe, MO. (January 5, 2011 and May 2012).

Guest Speaker, Northwest Missouri AHEC, St. Joseph, MO. (January 26, 2009).

Guest Speaker, St. Joseph School District, St. Joseph, MO. (January 20, 2009).

Guest Speaker, Savannah School District. (May 2008).

Guest Speaker, Northwest Missouri Area Health Education Consortium. (April 2008).

Professional Presentations

Brooks, E. (Presenter & Author), Hardwick, C. (Presenter & Author), Furtado, S. (Presenter Only), Furtado, K. (Presenter Only), Sharp, J. (Presenter Only), Stark, D. (Presenter Only), Voelkel, N. (Presenter Only), Fourth Annual Missouri Campus Compact Statewide Conference, "Caution-Construction Zone: Building a Foundation with Community Partners to Enhance High School Student Interest in Healthcare Careers," Missouri Campus Compact, Washington University, St. Louis, MO. (October 18, 2008).

Hardwick, C. (Presenter & Author), Brooks, E. (Author Only), Frontiers and Challenges in Undergraduate Research, "Leadership and Collaboration Through Undergraduate Research," Council on Undergraduate Research, College of Saint Benedict, St. Joseph, MN. (June 22, 2008).

Brooks, E. (Presenter & Author), Hardwick, C. (Author Only), Dean's Colloquium, "An Application of Critical Thinking in Community Health Nursing," MWSU, MWSU. (April 2008).

Beck, S. (Presenter & Author), Furtado, K. (Presenter & Author), Sharp, J. (Presenter & Author), Stark, D. (Presenter & Author), Voelkel, N. (Presenter & Author), Brooks, E. (Presenter & Author), Hardwick, C. (Author Only), 19th Annual Multidisciplinary Research Day, "Evaluating Adolescent Interest in Healthcare Following an Educational Intervention," Missouri Western State University, St. Joseph, MO. (April 22, 2008).

Beck, S. (Presenter & Author), Furtado, K. (Presenter & Author), Sharp, J. (Presenter & Author), Stark, D. (Presenter & Author), Voelkel, N. (Presenter & Author), Brooks, E. (Author Only), Hardwick, C. (Author Only), Regional Undergraduate Research Symposium, "Evaluating Adolescent Interest in Healthcare Following an Educational Intervention," Missouri Western State University, St. Joseph, MO. (March 27, 2008).

Russell, W., Campbell, C., Ellis, D., Phillips, R., Hardwick, C., 2008 MWSU Conference on Applied Learning, "Applied Learning Opportunities for Students in A University Wellness Screening Program," Missouri Western State University, St. Joseph, MO (February 22, 2008).

Awards and Honors

Service, Community

Michael I. Einbender Humanitarian Award, Arthritis Community Services. (May 2007).

Department Service

Faculty Advisor, PTA Club.

Committee Member, PTA Program Advisory Committee.

Judge, MARSEF. (2000 - Present).

Committee Member, PTA Program Selection Committee.

University Service

Recording Secretary, Faculty Senate. (August 1, 2012 - Present).

Committee Member, Access Committee. (January 2012 - Present).

Committee Member, Wellness Committee. (2006 - Present).

Committee Member, Academic Honesty Committee. (May 2011 - July 31, 2012).

Committee Member, Summer Salary Committee. (May 2011 - October 2011).

Committee Chair, Salary Committee. (May 2009 - May 2011).

Faculty Mentor, Residence Hall. (August 2009 - May 2010).

Committee Member, Using Measurement and Assessment Strategic Planning Committee.

Committee Chair, Professional Leave Committee. (August 2008 - April 2009).

Professional Service

Northwest District Missouri Physical Therapy Association, MO. (Secretary, October 2007 - Present).

Central Academic Coordinators of Clinical Education Consortium. (President, March 2006 – 2010)

Committee Member, MPTA - Outstanding PT and PTA student Selection Committee. (January 2008 - December 2009).

Teaching Experience

Missouri Western State University

Fall Semester

PTA 110, Patient Care Skills

Spring Semester

PTA 140, Measurements and Procedures

Summer Semester

PTA 185, Clinical Education I

Fall Semester

PTA 260, Clinical Neurology

Spring Semester

PTA 265, Diseases & Dysfunctions

PTA 270, Psychosocial Aspects of Phy Th

PTA 285, Clinical Education II

Summer Semester

PTA 290, Clinical Education III

Non-Credit Instruction

Participated as second faculty member in Nurs 492 Explorations in Transcultural Healthcare.

Class was a study abroad service learning experience. 10 participants. (May 13, 2012 - May 21, 2012).