Discover Your A Healthier You Portal

With just a few clicks, you can easily access your personalized A Healthier You™ health and wellness portal.

1. Visit MyBlueKC.com.
2. If you are a first time visitor, click on REGISTER NOW. Please have your member ID card available to reference.
3. Once logged in, click on A HEALTHIER YOU.
4. Once on your portal home page, you can do the following:
   - Take an active role in your health. Use self-directed coaching to kick start your specific physical, nutrition, or emotional health goals.
   - Keep your family’s health on track. Check out the Family Health Guide.
   - Be savvy with your health. Use the many interactive health and wellness tools and resources to enjoy better health and well-being.

Having Trouble? Our staff can help. Call A Healthier You at 816-395-2121 between 8 a.m. – 5 p.m., Monday – Friday, Central Time.