

## Preparing for a Healthcare Career

Your high school experience is the first step toward achieving your career goals. Planning carefully and thoughtfully now will improve your chances of success as you head off to post secondary education. The requirements for each profession are varied. The first step to being an excellent healthcare provider is being able to assess your own interests and abilities. You need to consider which profession is a good fit for you according to your interests and your abilities.

This is a guide to use as you think about preparing for a healthcare career. Information is provided for ten of the top healthcare careers, but if you are interested in a career not listed, the same general guidelines would follow and you would need to do a little more research to find information about your career of interest.

### Top Ten Health Careers

1. Physicians
2. Dentists
3. Dental hygienists
4. Nurses – LPN, RN, BSN, NP (nurse practitioners)
5. Physical and occupational therapists and therapist assistants
6. Medical technologists
7. Pharmacists
8. Radiology technicians
9. Surgical technicians
10. Paramedics

Information available in this guide:

- High school checklist
- Relevant websites
- Program admission and curriculum information
- Shadowing information