



## A service brought to you by Missouri School Counselor Association



IN



CASE



EMERGENCY

### In Case of an Emergency

#### Great Use of a Cell Phone

Imagine traveling alone and needing emergency services. You are NOT in a position to contact any family members. Did you know that if a first responder such as EMT, Paramedic, firefighter, police officer, etc. finds a cell phone they will go to the letter "I" in your contacts to see if you have programmed any ICE numbers into your phone.

I actually have FIVE different ICE numbers. That way if the first try is unsuccessful they have other options:

Our Home Phone is ICE #1

My Husband's Cell is ICE #2

Since my children are all of adult consenting age they are

Oldest > Daughter is ICE #3

Middle > Son is ICE #4

Youngest > Daughter ICE #5

Of course your options are endless, but what a great way to contact a close relative In Case of an Emergency.

**TIP 1** >> If your phone is password protected this will not benefit anyone because of the inability to access the phone.

**TIP 2** >>> Nancy's oldest daughter is a paramedic and has told her that it is a true program but is not as widely known/used in Missouri.

**What Wikipedia says:** *In case of emergency (ICE) is a program that enables first responders, such as paramedics, firefighters, and police officers, to identify victims and contact their next of kin to obtain important medical information. The program was conceived in the mid-2000s and promoted by British paramedic Bob Brotchie in May 2005. It encourages people to enter emergency contacts in their cell phone address book under the name "ICE". Alternately, a person can list multiple emergency contacts as "ICE1", "ICE2", etc. The popularity of the program has spread across Europe and Australia, and has started to grow into North America. We encourage you to educate your family members, your friends, and your students. It might make a great piece of information to put in the school announcements or newsletter.*

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