



News Release

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LIFEGUARD TRAINING COURSE OFFERED

St. Joseph, Mo.—May 11, 2004—An American Red Cross Lifeguard Training course will be held May 13-28 in the Missouri Western State College M.O. Looney Health, Physical Education & Recreation Building. The course will be offered from 4:30-7:20 p.m. each day.

To enroll in the Lifeguard Training course, you must be at least 15 years of age before the last scheduled class session. There will be a precourse session at 4:30 p.m. on May 13, where participants will be required to pass a swimming skills test.

Upon successful completion of the course, individuals will receive an American Red Cross Lifeguard Training certificate. The certificate includes first aid qualification and is valid for three years. They will also receive cardiopulmonary resuscitation (CPR) qualification for a Professional Rescuer certificate, which is valid for one year.

For more information, or to enroll, contact Dr. Nannette Wolford, instructor, at (816) 271-4487.

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Missouri Western State College is a four-year public institution providing a blend of traditional liberal arts and professional degree programs. The college offers student-centered, high quality instruction that focuses on experience-based learning, community service, and state-of-the-art technology. Western is located in St. Joseph, Mo. and is committed to the educational, economic, cultural and social development of the region it serves.